

Girls Field Hockey

Level One(*) – Mondays and Wednesdays, 7:30 p.m. – 9:00 p.m.
Level Two & Three(**) – Mondays and Wednesdays, 9:00 p.m. – 10:30 p.m.

This Toronto FHC Level 1, 2 and 3 Field Hockey programs provides girls the opportunity to learn and enjoy the game of field hockey. Conducted on artificial turf, each session will focus on skill development, tactics and scrimmage games which will help you become a better and accomplished field hockey player. Coaching will be guided by National Coaching Certification Program coaches from TFHC.

**The program runs from mid-April to mid-July.
Players can attend on Monday or Wednesday or on both evenings per week.**

2023 Program Dates and Fees

The first session is on April 17th. The program completes on July 12th.

(*) The Level One Program is primarily for players who are in Grades 6 to 10 but all new players regardless of school grade start in Level One.

(**) Players do not try out for the Level Two & Three program. Players attend by coach invitation only.

The fee is \$195 for the Level One program and \$225 for the Level Two & Three Program.

Personal Training for Goalkeepers are conducted during the Level One sessions.

Games

There will be a game schedule in May and June for L1, L2 and L3 players on Friday evenings at U of T.

An additional game fee and uniform fee may be required for players who participate in matches against other clubs.

Equipment

Please contact field.hockey.equipment@torontofield.com regarding field hockey sticks and shin pads.

Players will need to have their own mouth guards and shin pads (soccer shin pads with ankle protection are acceptable at Level One).



Location

U of T Back Campus Turf

20 Tower Road

Located just west of Queens Park Circle & east of St. George Street off Hoskin Avenue

A few minutes walk from St. George Station on Line 2 and Museum Station on Line 1

For more info and to register please email: development@torontofield.com

We conduct Late Summer / Fall Outdoor programs from Mid-August to the end of October.

The TFHC uses an online curriculum to learn field hockey, www.fieldhockeycoachingcurriculum.com.