



# Indoor Field Hockey

## Girls – Grades 6 to 12

### Level One Program(\*)

Wednesday, 6:30 p.m. – 8 p.m. @ Malvern C.I.

Friday, 6:30 p.m. – 8 p.m. @ Leaside HS

Saturday, 10:30 a.m. – 12 p.m. @ Leaside HS

### Level Two & Three Program(\*\*)

Wednesday, 8 p.m. - 9:30 p.m. @ Malvern C.I.

Friday, 8 p.m. - 9:30 p.m. @ Leaside HS

This program provides girls the opportunity to learn and enjoy the game of indoor field hockey. Each session focuses on skill development, tactics, scrimmages, and games that will help you become an accomplished high school player and beyond. Coaching will be provided by National Coaching Certification Program coaches.

Sessions start on Friday, November 8<sup>th</sup>, 2024, and go on until the end of March 2025. There are no sessions during the Christmas holidays and March break. There are 17 weeks of sessions.

<u>Program Cost</u>	<u>Locations</u>
\$225 for the Level One program and \$250 for the Level Two & Three Program.	<b><u>Wednesday at Malvern C.I.</u></b> 55 Malvern Avenue (East of Main St, between Gerrard St and Kingston Rd)
There are games played on Saturdays at Leaside from noon to 1:30 p.m. for all players <i>at no extra cost</i> .	<b><u>Friday and Saturday at Leaside H.S.</u></b> 200 Hanna Road (One block south-east of the intersection of Bayview Ave and Eglinton Ave East)
The TFHC U16 and U18 teams plays in outside leagues & tournaments. Fees <i>are incurred only for those who play in them</i> .	

**For more info and to register please email: [development@torontofield.com](mailto:development@torontofield.com)**

Players need to confirm registration by October 31<sup>st</sup>. If registration is overflowing, the first two sessions will be used as identification selection sessions for the Level One Program.

(\*) The Level One Program is primarily for players who are in Grades 6 to 10 but all new players regardless of school grade start in Level One.

(\*\*) Players do not try out for the Level Two & Three program. Players are determined by coach invitation.

***TFHC runs a spring/early summer outdoor program, so please email [development@torontofield.com](mailto:development@torontofield.com) to be on the list to register for the outdoor program if you can't attend the indoor program.***