



Indoor Field Hockey

Junior Girls 13-18

Level One Program(*)

Wednesday, 6:30 p.m. – 8 p.m. @ Malvern C.I.

Friday, 6:30 p.m. – 8 p.m. @ Leaside HS

Level Two & Three Program(**)

Wednesday, 8 p.m. - 9:30 p.m. @ Malvern C.I.

Friday, 8 p.m. - 9:30 p.m. @ Leaside HS

This program provides girls the opportunity to learn and enjoy the game of indoor field hockey. Each session focuses on skill development, tactics, scrimmages, and games that will help you become an accomplished high school player and beyond. Coaching will be provided by National Coaching Certification Program coaches.

Sessions start on Friday, November 11th, 2022, till the end of March 2023. There are no sessions during the Christmas holidays and March break. There are 17 weeks of sessions.

<u>Program Cost</u>	<u>Locations</u>
\$195 for the Level One program and \$225 for the Level Two & Three Program.	<u>Wednesday at Malvern C.I.</u> 55 Malvern Avenue (East of Main St, between Gerrard St and Kingston Rd)
There are games played on Saturdays at Leaside from noon to 1:30 p.m. for all players <i>at no extra cost</i> .	<u>Friday at Leaside H.S.</u> 200 Hanna Road (One block south-east of the intersection of Bayview Ave and Eglinton Ave East)
The TFHC U16 and U18 teams plays in leagues & tournaments. Fees <i>are incurred only for those who play in them</i> .	

For more info and to register please email: development@torontofield.com

Players need to confirm registration by October 25th. If registration is overflowing, the first two sessions will be used as identification selection sessions for the Level One Program.

(*) The Level One Program is primarily for players who are in Grades 7 to 10; all new players start in Level One.

(**) Players do not try out for the Level Two & Three program. Players are determined by coach invitation.

TFHC runs a spring outdoor program, so please email development@torontofield.com to be on the list to register for the outdoor program if you can't attend the indoor program.