



# Indoor Field Hockey

## Junior Girls 13-18

### Level One Program(\*)

Wednesday, 6:30 p.m. – 8 p.m. @ Malvern C.I.

Friday, 6:30 p.m. – 8 p.m. @ Leaside HS

### Competitive Program(\*\*)

Wednesday, 8 p.m. - 9:30 p.m. @ Malvern C.I.

Friday, 8 p.m. - 9:30 p.m. @ Leaside HS

This program provides junior girls the opportunity to learn and enjoy the game of indoor field hockey. Each practice session will focus on skill development, tactics, scrimmages and games that will help you become an accomplished high school player and beyond. Coaching will be provided by National Coaching Certification Program certified coaches from the Toronto Field Hockey Club.

Sessions start on Friday, November 9<sup>th</sup>, 2018, till the end of March 2019. There are no sessions during the Christmas holidays and March break. There are 17 weeks of sessions.

<u>Program Cost</u>	<u>Locations</u>
\$195 for the Level One program and \$225 for the Competitive Program.	<b><u>Wednesday at Malvern C.I.</u></b> 55 Malvern Avenue (East of Main St, between Gerrard St and Kingston Rd)
There are games played on Saturdays at Leaside from noon to 1:30 p.m. for all players <i>at no extra cost</i> .	<b><u>Friday at Leaside H.S.</u></b> 200 Hanna Road (One block south-east of the intersection of Bayview Ave and Eglinton Ave East)
The TFHC U16 and U18 teams plays in leagues & tournaments. Fees <i>are incurred only for those who play in them</i> .	

**For more info and to register please email: [development@torontofield.com](mailto:development@torontofield.com)**

Players need to confirm registration by October 15<sup>th</sup>. If registration is overflowing, the first two sessions will be used as Identification Selection sessions for the Level One Program.

(\*) The Level One Program is primarily for players who are in Grades 7 to 10 but exceptions will be made.

(\*\*) Players do not try out for the Competitive program. Players are determined by coach selection.

**TFHC runs a spring outdoor program, so please email [development@torontofield.com](mailto:development@torontofield.com) to be on the list to register for the outdoor program if you aren't able to attend the indoor program.**